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At a Glance: To cancel an LA Fitness membership, there are several methods available. For mail cancellation, complete the LA Fitness Cancellation Form, print it, and mail it to the provided address. Call customer service to confirm. For email cancellation, send a request with relevant information to contact@fitnessintl.com. In-person cancellation at a gym allows for direct communication and form submission. Phone cancellation is convenient, but the cancellation form must still be mailed. Refunds are generally not given upon cancellation. Account freezing is possible with fees. LA Fitness has month-to-month memberships, and cancellation requires advance notice. Personal training can be canceled by contacting the local gym and attending a face-to-face meeting. LA Fitness is a great gym chain for people who want to stay fit and healthy. But the cost of health and wellness subscriptions – like gym memberships and food services – in your life can add up very quickly. Sometimes you need to make the hard choice to cancel your Chegg subscription or to end your HelloFresh membership – and sometimes it means making the decision to close your LA Fitness account. But how do you cancel your LA Fitness membership? The process is actually quite easy and LA Fitness offers a few ways to terminate your subscription, and we will discuss them in this post. Canceling over the phone is possible too, and it is the best way to terminate the subscription if you don't want to leave the comfort of your home. It is quicker and communication may be better compared to email cancellation. To cancel by phone, you will have to do the following things: Contact the LA Fitness customer service at 949-255-7200 Tell the support representative that you want to end the LA Fitness membership Complete the cancellation form and mail it in The most effective way to cancel your LA Fitness membership is in person at your home gym. Face-to-face communication can be clearer than phone or email, and you can explain your reasons for canceling directly. Plus, you can either get a cancellation form from the gym or bring a pre-filled one, and the staff will assist with the rest. If you have any concerns, they're right there to help. To cancel in person: Fill out the LA Fitness Cancellation Form. Visit your nearest LA Fitness gym and submit the form. If you want to cancel by email, you can use this method as well. It is very easy, but it may take a bit longer to do it compared to the other options. If this is not a problem for you, though, here is how you can cancel the LA Fitness subscription by email: Send an email to contact@fitnessintl.com. In this email, you should ask the staff to terminate your membership. Include the relevant information, such as your full name, email, birth date, billing address, phone number, home gym location, and your credit card's last four digits. To cancel your LA Fitness membership by email, use the following template: Subject: Request for Membership Cancellation – [Your Full Name] Dear LA Fitness Customer Service, I hope this email finds you well. I am writing to formally request the cancellation of my LA Fitness membership, effective [desired cancellation date, e.g., "October 31, 2023"]. Membership Details: [Your Membership Number] [Your Full Name] Your Enrollment Date, e.g., "January 1, 2023"] Due to [specific reason for cancellation, e.g., "relocation", "financial constraints", "health reasons", or simply "personal reasons"], I have decided to end my membership. I kindly request that no further charges be made to my account after the effective cancellation date. Please provide a confirmation of this cancellation request to this email address. Thank you for your prompt attention to this matter. I have appreciated the services and facilities provided by LA Fitness during my membership period. Warm regards, [Your Full Name] [Your Phone Number, optional] Canceling the subscription by mail is the traditional method. LA Fitness offers this option for people who don't want to follow the online steps or cannot go to their gym in person. In order to cancel your LA Fitness subscription, you will be required to complete the LA Fitness Cancellation Form. Also, you will have to go through the following steps: Go to the LA Fitness website Log into your account, then look for the "My LA Fitness" page and go there From the "Account Information" section, choose "Cancellation Form" Print it out and make sure to complete it properly After completing and signing the form, you should mail it to: LA Fitness PO Box 54170 Irvine, CA 92619-4170 Wait a few days, then call the LA Fitness customer service to confirm the cancellation. To cancel your your LA Fitness membership by mail, use the following letter template: Dear LA Fitness Team, I am requesting the cancellation of my LA Fitness membership, effective [desired cancellation date, e.g., "October 31, 2023"]. Membership Details: [Your Membership Number] [Your Full Name] [Your Enrollment Date, e.g., "January 1, 2023"] Please confirm this cancellation and ensure no further charges to my account after the stated date. Thank you, [Your Full Name] If no Operation Manager is available at your local branch and time is not an issue, you can cancel your your LA Fitness membership without an Operation Manager by: Locate the nearest LA Fitness gym to you. Approach the front desk and ask to cancel your membership. The representative will provide you with a cancellation form. Note: You cannot submit the form directly at the gym. Send the form to the following address: LA Fitness – PO Box 54170, Irvine, CA 92619-4170 Make sure to mail it at least 5 business days before your next billing date to avoid further charges. Use certified mail when sending the form to have proof of delivery in case of any discrepancies. If you've been struggling to cancel your LA Fitness membership and are considering alternative methods, there's another option you might not have thought of: third-party cancellation services. These are companies that, for a fee, will handle the cancellation process on your behalf. Here's a brief guide on how to use them: Research Reputable Services – Start by searching online for third-party cancellation services. Look for companies with good reviews and testimonials from satisfied customers. Provide Membership Details – Once you've chosen a service, you'll typically need to provide them with your LA Fitness membership details. This might include your membership number, the date you joined, and any other relevant information. Pay the Fee – These services aren't free. You'll need to pay a fee, which can vary depending on the company and the complexity of the cancellation. Wait for Confirmation – After you've provided your details and paid the fee, the third-party service will handle the rest. They'll contact LA Fitness on your behalf and ensure that your membership is canceled. Once it's done, they should provide you with confirmation. While using a third-party service might seem like a convenient way to cancel your LA Fitness membership, it should be considered a last resort. Here's why: Cost – These services can be expensive. You're essentially paying someone else to do something you can do yourself. If you follow the standard cancellation procedure with LA Fitness, you can avoid these additional costs. Reliability – While many of these services are reputable, there's always a risk when handing over personal details to a third party. Ensure you're working with a trustworthy company to avoid potential issues. While third-party cancellation services can be a helpful tool in certain situations, it's essential to weigh the convenience against the cost and potential risks. If possible, try to cancel your LA Fitness membership directly through the gym first. If you find yourself in a bind and feel this is the best option, proceed with caution and do thorough research. After canceling your LA Fitness membership, it's crucial to ensure that the charges have indeed stopped. LA Fitness charges can appear in various formats on your credit card statement. By familiarizing yourself with these formats, you can quickly identify and confirm that no further charges are being made post-cancellation. Here's what to look for: POS DEBIT LA FITNESS IRVINE CA LA FITNESS 949-255-7200 CA CHECKCARD LA FITNESS IRVINE CA LA FITNESS -CORP WEB LAI IRVINE CA RECURRING CHECK CARD PURCHASE LA FITNESS 09492558100 CA LA FITNESS -CORP WEB IRVINE CA LA FITNESS xxxxxx8100 CA Debit Purchase – Visa LA Fitness 949-255-8100ca LA FITNESS 9492558100 LA FITNESS 949-255-7200 CA LA FITNESS 949-255-8100 CA LA FITNESS 949-255-8100 DEBIT CARD PURCHASE – LA FITNESS xxx-xxx-7200 CA LA FITNESS 9492558100 CA LA FITNESS xxx-xxx-7200 CA CHECKCARD LA FITNESS IRVINE CA ON LA FITNESS 09492558100 CA VISA ADA PUR 449215 LA FITNESS 949 255 7200 * CA PENDING – LA FITNESS IRVINE CA POS DEBIT LA FITNESS IRVINE CA LA FITNESS 09492558100 CA 92612 USA LA FITNESS 949-255-7200 CA 92612 USA LA FITNESS 949-255-7200 CA LA FITNESS-LAKE SUCC NEW HYDE PARK NY Electronic Withdrawal L A Fitness Debit Card Purchase – LA FITNESS 09492558100 CA : LA FITNESS 949-255-7200 CA ebit Purchase – Visa LA Fitness 949-255-7200ca L A FITNESS 9492558100 PPD ID: 1330774939 DEBIT CARD PURCHASE – LA FITNESS xxxxxx8100 CA When reviewing your credit card statement, look for any of the above descriptions or anything similar that references "LA Fitness." If you spot any charges after your cancellation date, it's essential to contact LA Fitness or your bank immediately to address the issue. OneMain Financial (Best for Good Rates) Canceling LA Fitness is not that hard. You just have to find the right method for you. Choose one of the available methods above and you can cancel your LA Fitness membership quickly, and easily. Even if we have gone through the steps of canceling your LA Fitness membership, you may still have some
unanswered questions. Well, here are some of the most commonly asked ones and their answers: Sadly, you cannot get a refund after canceling a subscription. If you request a cancellation before the end of the billing cycle, you can still use the LA Fitness services until the new cycle begins. However, asking for a refund will not help. There is an exception to the no-refund policy of LA Fitness, though. If you send the LA Fitness Cancellation Form and they receive it less than 5 days before the last paid month ends, the exception will apply. You will be charged for the next month, in which case you can ask for a refund. You can pause your account if you want, especially if you think you will come back to LA Fitness at some point later. But before you rush to freeze your account, you should know that there will be some fees for this service. Monthly subscribers will have to pay a fee of \$10 for a one-month freeze, whereas a full member will be allowed to pause the account for six months. For the latter, the account holder will have to pay a \$35 fee. As for Kid Club members, their accounts can be paused with no fee. Weekly dues will not be able to pause their membership, though. There is no contract for the membership, and LA Fitness has month-to-month subscriptions. If you wish to cancel your current subscription, you should let the staff know 5 days before the billing cycle. You can cancel the gym membership over the phone, but there's a twist. You can call the staff and let them know about your intention to cancel the membership, but to actually cancel it, you will have to mail the cancellation form. Another option you have available is going to the nearest LA Fitness gym in person and telling the help desk that you wish to terminate the membership. Then, they will help you and take care of the matter. If you have a LA Fitness personal training membership, you can cancel it too. If you know the personal training basics, the cancellation will be simple. To cancel this type of membership, you will first have to call your local gym. Tell them who you are and voice your desire to cancel your personal training membership. After taking your information, the representative will schedule a face-to-face meeting within 3 days at the gym. Then, you will have to show them a photo identification when you go to the meeting. Also, you'll have to make an excel spreadsheet or a document listing all the fees owed. You will then get a receipt for the cancellation. When considering canceling your LA Fitness membership, note that the official website may not mention all available cancellation options. However, you can find valuable insights from other members who have shared their experiences online. By Phone To cancel your LA Fitness membership over the phone, you'll need to call their customer service number at (949) 255-7200. When you call, be prepared to provide your membership information, and follow the instructions given by the representative to complete the cancellation process. It's key to ensure that you receive a confirmation of cancellation in the form of a receipt through either email or text for your records, just in case you get charged after you've canceled the membership. If you want to call from a specific area, visit the LA Fitness page, scroll to the bottom, click the Contact Us tab, enter your ZIP code, and get the phone number for LA Fitness in your area. The time it takes to complete the cancellation process over the phone can vary, but it typically takes around 10-20 minutes to finalize the cancellation and receive confirmation. In Person At Your Local LA Fitness Club If you want to cancel your LA Fitness account in person, it will take a bit longer and include paperwork. You would need to log into your LA Fitness account, find and print the cancellation form, and bring it to your local club during its business hours. You can then deliver the form or other written notice of cancellation directly to the Operations Manager at your nearest club between 9 a.m. and 5 p.m. Monday through Friday. Please note that in-person cancellations are subject to change depending on the Operation Manager's availability; it's recommended that you get a receipt. The process typically takes around 15-30 minutes to complete, including the time it takes to fill out the form and submit it to the club staff. By Mail To cancel your LA Fitness account by mail, you'll need to start by logging into your LA Fitness account. Once logged in, locate the cancellation form, print it, and complete it with all the required information. After filling out the form, mail it to your local LA Fitness club or P.O. Box 54170, Irvine, CA 92619. It's crucial to ensure that all the necessary details are correctly filled out on the form to avoid any processing delays. It's also advisable to send the mail via certified mail and keep a record of your documents. The time it takes to complete the cancellation process can vary, but typically, it may take a few weeks for the cancellation to be processed and confirmed. If you mail the cancellation form at least five business days before your next billing date, you should not receive any further bills. However, if the notice is postmarked within five business days, you may be billed once more. If this occurs, they will refund that additional billing. By Email If you want to send an email to cancel your LA Fitness membership, you should contact the LA Fitness customer service department at contact@fitnessintl.com. In your email, be sure to include your full name and membership number and clearly state that you want to cancel your membership. You may also want to provide a reason for the cancellation, although this is not always necessary. Typically, it takes around 5-7 business days for LA Fitness to process a cancellation request submitted via email. Page 2Rocket Money scans your bills to find savings and negotiates on your behalf to lower them. Get Started Today Health club chain in the United States and Canada Fitness International LLCTrade nameLA FitnessCompany typePrivateInedustryHealth Clubs, ExerciseFoundedNovember 1, 1984; 40 years ago (1984-11-01)Covina, California, U.S.HeadquartersIrvine, CaliforniaArea servedUnited StatesCanadaBrandsLA FitnessCity Sports ClubStudio FitnessWebsitewww.lafitness.com Fitness International LLC is a North American gym chain with over 700 clubs across the United States and Canada. The company was founded in 1984 and is based in Irvine, California. LA Fitness in Markham, Ontario, Canada In 1984, the first LA Fitness was founded by founder Chinoyl Yi and Louis Welch in Covina, California.[1] In the mid-1990s, the company expanded by acquiring underperforming fitness clubs in Southern California, such as developing, opening, and operating privately constructed properties.[citation needed] In 2012, Fitness International LLC launched its City Sports Club brand exclusively in Northern California. The City Sports Club brand was launched by rebranding a dozen LA Fitness locations as City Sports Clubs, within the greater San Francisco Bay Area and the greater Sacramento metropolitan area. Initially launched with a dozen locations, City Sports Club has since grown to twenty locations. In 2020, Fitness International LLC launched its Esporta Fitness brand. The Esporta Fitness brand was launched by rebranding seventeen former LA Fitness locations as Esporta Fitness within the greater Phoenix metropolitan area. The Esporta Fitness brand quickly grew through 2023 by rebranding former LA Fitness locations throughout the United States. At its peak, Esporta Fitness operated over 100 locations within the United States. In 2022, Fitness International LLC launched its Club Studio Fitness brand. The Club Studio Fitness brand operates as a cutting-edge fitness experience that brings together boutique fitness classes and luxury amenities into one gym. This brand is marketed as a competitor to other luxury fitness brands such as Equinox and Life Time Fitness. Club Studio Fitness currently operates within nine states including California, Connecticut, Florida, Georgia, Michigan, New Jersey, New York, Texas, and Virginia. As of April 2025, ten locations are in operation, with five listed as presale and three more listed as coming soon. In 2024, Fitness International LLC began aggressively winding down the Esporta Fitness brand. Most Esporta Fitness locations were rebranded back to LA Fitness, while the underperforming locations were permanently closed. In 2025, Fitness International LLC shuttered the Esporta Fitness brand entirely. On February 27, 2025, with the sale of eight Esporta Fitness locations to Genesis Health Clubs located in Arkansas, Kentucky, and Louisiana, only three Esporta locations remained in operation. On April 1, 2025, the three remaining Esporta Fitness locations, located in California, Illinois, and Massachusetts, were rebranded back to LA Fitness, making the Esporta Fitness brand defunct. The Esporta Fitness website now redirects all visitors to the LA Fitness website.[2] As of May 2025, Fitness International LLC operates LA Fitness in 668 locations within twenty-five U.S. states (Arizona, California, Colorado, Delaware, Florida, Georgia, Illinois, Indiana, Kentucky, Maryland, Massachusetts, Michigan, Minnesota, New Jersey, New York, North Carolina, Ohio, Oregon, Pennsylvania, Rhode Island, South Carolina, Tennessee, Texas, Virginia, and Washington) and two Canadian provinces (Alberta and Ontario).[3] Furthermore, Fitness International LLC operates City Sports Club in 20 locations within Northern California. Finally, Fitness International LLC operates Club Studio Fitness in 11 locations within ten U.S. states (California, Connecticut, Florida, Georgia, Maryland, Michigan, New Jersey, New York, Texas, and Virginia), with four more locations listed as presale, and another seven locations listed as coming soon. In 2007, the company expanded
outside of the United States by acquiring six fitness clubs in Toronto, Ontario, Canada. In 2010, the company acquired ten locations in Phoenix from Pure Fitness Arizona. [4] Within a year, all but one of the former Pure Fitness clubs were closed. [citation needed] On November 30, 2011, the company significantly expanded its portfolio by acquiring 171 clubs for \$153M, from Bally Total Fitness.[5][6] On July 2, 2012, the company completed the acquisition of all 33 Lifestyle Family Fitness Clubs in Florida.[7] In October 2012, LA Fitness acquired 36 Urban Active clubs in multiple states.[8][9] On December 23, 2013, LA Fitness announced the acquisition of The Buffalo and Rochester Athletic Clubs in Western New York.[10][11] On December 30, 2013, they completed the acquisition of all 10 Vision Quest Sport and Fitness clubs in the greater Seattle metropolitan area.[12] In 2024, LA Fitness acquired xSport Fitness.[13][14] PureGym, which bought all LA Fitness-branded gyms in the United Kingdom in 2015[15] ^ "LA Fitness History". Corporate Offices & Headquarters. Retrieved May 28, 2015. ^ "Esporta Fitness". www.lafitness.com. ^ "LA Fitness | Find a Club". ^ "LA Fitness acquires Pure Fitness gyms". azcentral.com. ^ Goldman, Stuart (November 18, 2011). "LA Fitness Acquires 171 Bally Total Fitness Clubs". American Spa. Retrieved September 18, 2024. ^ Quinn, Dale (November 29, 2011). "LA Fitness buys Bally's locations in Tucson, elsewhere". Azstarmet.com. Retrieved January 4, 2014. ^ "Lifestyle Family Fitness members left without answers for charges, as they were no longer approved". Question City. Archived from the original on January 25, 2024. ^ "LA Fitness acquires 182 Bally Total Fitness locations in the U.S.". Retrieved August 18, 2024. ^ [cite web]; CSI main: multiple names: authors list (link) ^ Tobin, Tom. "LA Fitness buys 2 Rochester Athletic Club sites". Democrat and Chronicle. Retrieved August 26, 2024. ^ Goldman, Stuart (December 20, 2013). "LA Fitness Acquires Buffalo, Rochester Athletic Clubs". American Spa. Retrieved August 26, 2024. ^ "Fitness International Purchases Vision Quest Sport and Fitness Clubs". Kirkland Reporter. January 2, 2014. Retrieved September 25, 2024. ^ Rehfeldt, Courtney (July 16, 2024). "LA Fitness Acquires xSport Gyms, Expanding in NY, Chicago". Athletech News. Retrieved August 26, 2024. ^ Payne, Will (July 15, 2024). "xSport Fitness acquired by LA Fitness". NCTV17. Retrieved August 26, 2024. ^ Hickey, Shane (May 29, 2015). "Pure Gym buys LA Fitness". The Guardian. ISSN 0261-3077. Retrieved September 18, 2024. Wikimedia Commons has media related to LA Fitness. Los Angeles portalCompanies portal Official website Retrieved from " To cancel an LA Fitness membership, there are several methods available. Mail cancellation involves completing the LA Fitness Cancellation Form, printing it, and mailing it to the provided address. To cancel by email, contact the LA Fitness customer service department at contact@fitnessintl.com. Members must follow key rules, submit the form online or by mail, and contact LA Fitness customer service for assistance.Access restrictions may occur after successfully cancelling a membership at LA Fitness. Members can still use the club for any pre-paid time, such as prepaid dues from last month's enrollment. LA Fitness does not allow for by phone or online cancellation. To cancel, members must print off a form and mail it, or visit the gym Monday-Friday 9-5. The circumstances in which they can cancel their training membership can be found on their membership agreement.To cancel, members must fill out a cancellation form, send it in the mail, fax it to the gym, or take it to the gym in person. There is no termination fee to cancel LA Fitness membership. If you cannot access your membership to provide card-effective access to fitness facilities, catering to diverse needs while ensuring clarity on costs involved. (Image Source: Pixabay.com) Does LA Fitness Have a Cancellation Policy?LA Fitness has a cancellation policy that presents several potential drawbacks for its members. Notably, early cancellation fees can be significantly high, and the policy is often criticized for being inflexible. Understanding the details of this policy is crucial for members to make informed decisions. Set up a Questionnaire with them to explain why you want to be active until the end of the billing cycle.Useful Articles on the TopicArticleDescriptionSiteCanceling LA Fitness membership : r/mildlyinfuriatingLA Fitness cancellation policy does not allow for by phone or online cancellation. You must either print off a form and mail it, or go in Monday-Friday 9-5 and ... reddit.comCancel MembershipThe circumstances in which you can cancel your training membership can be found on your membership agreement. For assistance, please contact your local club.lafitness.comCancel an LA Fitness Membership The Right Way—A GuideInform the operations manager that you would like to end your membership. They will print out the cancellation form for you to fill out. Provide ...privacy.com LA Fitness' cancellation process is a scamhttps://www.youtube.com/watch?v=BVKHw9pmZmY BUY MERCHANDISE! (Image Source: Pixabay.com) Can A Gym Charge You To Cancel?You might be able to cancel your gym membership without a fee, especially if the gym has altered the services outlined in your contract. Gyms typically include a cancellation clause, and if they refuse to allow you to cancel, you can sue them with a claim court for breach of contract. Document the gym's refusal and contact your bank to block any further charges. Before disputing any charges, review your contract to ensure you understand the cancellation terms, as some gyms may have minimum terms or fees associated with cancellation.In certain states, laws allow you to cancel under specific violations of service or location changes. While your bank investigates a dispute, they may temporarily provide a refund for the charged amounts, but be cautious not to spend it until the case is resolved, as it may need to be returned if you lose the dispute. If your gym charges for cancellation under a no-commitment policy, it may be unlawful. The fine print of your contract is crucial to understanding your rights.It's advisable to attempt to directly communicate with the gym owner about your cancellation to prevent further charges. Many gyms enforce strict procedures for cancellation: cancellation fees depending on the membership terms. (Image Source: Pixabay.com) How Do I Cancel My LA Fitness Membership?You can cancel your LA Fitness membership if you no longer wish to use their gym facilities. To proceed with cancellation, you must complete a cancellation form and submit it either by mail, fax, or in person at your LA Fitness location, as online cancellation is not available. Monthly billing continues for members, so if you find you don't need the gym services, cancellation is essential.For mail cancellation, fill out the LA Fitness Cancellation Form, print it, and send it to the appropriate address, ensuring you confirm with customer service afterward. To cancel in person, visit your local LA Fitness during staffed hours (Monday to Friday from 9 a. m. to 5 p. m.) and speak with the operations manager.Unfortunately, online cancellation isn't an option. However, a guide is available for those wishing to cancel with ease, whether due to changing gyms or taking a break from fitness.Alternatively, you can cancel your membership by calling LA Fitness customer service at (949) 255-7200. Be ready with your membership details when calling.In summary, the main methods for cancellation include submitting a form via mail, visiting the gym in person, or calling customer service. Few options exist for canceling membership, primarily limited to in-person visits or mailing the cancellation form. (Image Source: Pixabay.com) What Is The Cheapest Gym Membership?In 2024, affordable gym memberships are becoming harder to find. Here are seven gym chains that offer cheap options: YouFit Gyms, with 80 locations in 9 states, charges \$9. 99/month; Planet Fitness has approximately 2, 400 gyms in 50 states, with most memberships at \$10/month; Crunch Fitness, boasting over 400 locations in 34 states, charges between \$9. 99-\$24. 99; and LA Fitness, with 550 locations across 22 states, offers memberships starting at \$39. 99. Planet Fitness is noted as one of the most affordable options, with a \$10/month membership, while Crunch Fitness is considered gym-friendly. Anytime Fitness, featuring over 4, 500 locations globally, is great for travelers. Membership costs vary by location, and some gyms, like Fit for Free, have rates starting around \$15/month, while others, such as PureGym, can charge approximately £21. 99/month. Day passes and pay-as-you-go options also exist.When evaluating gym memberships, consider initiation fees and annual costs. To maximize value, compare different chains. For instance, Crunch and Planet Fitness offer very competitive rates at around \$9. 99/month, representing the lowest prices among chain gyms. Additionally, some gyms provide promotions that could reduce fees further.Read also: What Is Required Of Every Physically Fit Male In Switzerland? (Image Source: Pixabay.com) Are Crocs Allowed In LA Fitness?At LA Fitness, the dress code mandates appropriate exercise attire and closed-toe shoes for all members and guests. Open-toe shoes, including Crocs, are prohibited for safety reasons. While Planet Fitness has similar guidelines emphasizing safety and comfort, policies may vary by location regarding footwear. Although Crocs are comfortable, they are often classified as sandals rather than proper workout shoes, which can present stability and foot protection issues during exercise. Thus, while they are generally permitted at Planet Fitness, they might not be ideal for all workouts.Most gyms uphold a "no open shoes" policy, which excludes
Crocs, particularly in areas like the pool due to safety concerns. Members should expect to wear non-denim attire, proper athletic footwear, and shirts at all times. Although some gym-goers have successfully worn Crocs, it is advisable to consider the type of workout and personal comfort level. Generally, safety and stability in footwear are pivotal during exercise, making more traditional athletic shoes a better choice.In summary, while Crocs may be acceptable in some fitness centers like Planet Fitness, they are not recommended for workouts due to their design that lacks necessary support. Observing these dress codes can enhance the overall gym experience and ensure safety for everyone involved. (Image Source: Pixabay.com) How Do I Cancel A Call From LA Fitness?To cancel your LA Fitness membership, be prepared with the appropriate customer service phone number, conveniently located on their website under the FAQ or "Contact Us" section. It's recommended to call during off-peak hours to minimize wait times. There are two primary methods to cancel: by mail or in-person, as online cancellation is not available. For a mail cancellation, download and complete the LA Fitness Cancellation Form, then print and send it to the specified address. It's essential to contact customer service to confirm that your cancellation has been processed. Alternatively, you can visit your local gym to request the cancellation in person, ensuring you have your membership information handy. If you opt for cancellation over the phone, call (949) 255-7200, and follow the provided instructions. Be ready to address any queries about your membership. Furthermore, if you have a personal training contract, you must directly speak with the personal training manager at your club to initiate cancellation.Inquire about your membership agreement to understand specific cancellation circumstances. If you have trouble accessing your membership information, contact your local club promptly for assistance.Overall, while only two methods are available for canceling your LA Fitness membership—mail or in-person—it's crucial to follow each step carefully for a successful cancellation. (Image Source: Pixabay.com) What Is The LA Fitness Annual Fee?LA Fitness offers a membership that includes unlimited access to club visits, equipment, amenities, and group fitness classes. The annual fee is \$59, billed two weeks after sign-up, contributing to an initial cost of \$134 before taxes. Different membership options exist: a basic plan at approximately \$30-\$50 per month, with optional initiation fees. Specific membership choices include \$40 per month with a \$75 initiation fee or \$50 with no initiation fees. These memberships also come with an annual fee and additional charges for services like Kids Club or Personal Training.The base single club membership is priced at \$29. 95 per month, allowing access to only the home club without an initiation fee. Understanding the full cost structure is essential, particularly as the total initial payment could rise to \$237. 98 before auto-renewals, assuming all fees are factored in.In conclusion, members can expect flexible access across locations with various fees depending on the membership type: a \$59 annual fee, \$25 monthly fees, and possible initiation costs ranging from \$0 to \$99. Exact pricing may differ based on promotional offers and location amenities. Ultimately, LA Fitness aims to provide a comprehensive fitness experience, but members should be aware of the associated costs and cancellation policies to make informed decisions. (Image Source: Pixabay.com) How Do I Cancel My LA Fitness Membership?You can cancel your LA Fitness membership if you no longer wish to use their gym facilities. To proceed with cancellation, you must complete a cancellation form and submit it either by mail, fax, or in person at your LA Fitness location, as online cancellation is not available. Monthly billing continues for members, so if you find you don't need the gym services, cancellation is essential.For mail cancellation, fill out the LA Fitness Cancellation Form, print it, and send it to the appropriate address, ensuring you confirm with customer service afterward. To cancel in person, visit your local LA Fitness during staffed hours (Monday to Friday from 9 a. m. to 5 p. m.) and speak with the operations manager.Unfortunately, online cancellation isn't an option. 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latter, the account holder will have to pay a \$35 fee. As for Kid Club members, their accounts can be paused with no fee. Weekly dues will not be able to pause their membership, though. There is no contract for the membership, and LA Fitness has month-to-month subscriptions. If you wish to cancel your current subscription, you should let the staff know 5 days before the billing cycle. You can cancel the gym membership over the phone, but there's a twist. You can call the staff and let them know about your intention to cancel the membership, but to actually cancel it, you will have to mail the cancellation form. Another option you have available is going to the nearest LA Fitness gym in person and telling the help desk that you wish to terminate the membership. Then, they will help you and take care of the matter. If you have a LA Fitness personal training membership, you can cancel it too. If you know the personal training basics, the cancellation will be simple. To cancel this type of membership, you will first have to call your local gym. Tell them who you are and voice your desire to cancel the personal training membership. After taking your information, the representative will schedule a face-to-face meeting within 3 days at the gym. Then, you will have to show them a photo identification when you go to the meeting. Also, you'll have to make an excel spreadsheet or a document listing all the fees owed. You will then get a cancellation form that you will have to sign. Once done, the form should be given to a staff member, who will keep a copy of the form for their records. Then, you can leave the meeting with the signed paperwork. The rep will then cancel the future billing plans and any outstanding balance owed will be taken from your charge credit or debit card.